

Spirit on 7th Street

An up close and personal look at the ministries of Saint Henry's

All for the Glory of God

By Dan Dupay, Business Administrator

The "All for the Glory of God" capital campaign has exceeded its goal of \$1 million in pledges! As of September 29th, the total pledged to reduce the debt reached \$1,023,467.00, and I can report that pledges are still being made to reduce the debt. This is a great accomplishment for the Church of Saint Henry! We have been blessed with countless volunteer hours and marvelous leadership from Father Tony and Andrew Menke of Lynch Development & Associates which made exceeding the goal a reality.

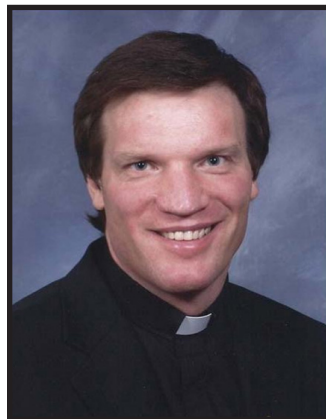
At the start of our new fiscal year, October 1, 2015, we began the redemption phase of our debt reduction campaign. I am also pleased to report that prior to August 24, 2015, the total amount received and applied to the mortgage amounted to \$281,500. This is a total of one-time gifts, down payments and the first month and

a half of scheduled pledge payments. It has been a great help to our volunteer money counters and office staff that the offering envelopes and loose checks have been clearly marked with direction to where the funds should be applied. There have been few, if any, questions as to how payments were intended to be posted. Thank you so much for taking the time to make notations of either Sunday offering or capital campaign on your envelopes and loose checks placed in the collection basket or mailed to the office. These notes not only save a great deal of time, but they also permit every dollar intended to reduce the debt to be applied against the mortgage.

Along with the new envelope design being used, campaign pledge payment envelopes are available in the back of the worship space

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Viva el Papa! (Long Live the Pope)



Father Tony VanderLoop

I really, really enjoyed the Pope's visit to the United States. It was an immense pick-me-up for so many, as he touched numerous lives, from little children, to parents and families, to pilgrims, to prisoners, and to leaders of our country and other nations. At press time for this newsletter, you can still watch him speak online at uscbb.org.

I was especially moved when he spoke Saturday evening to those who journeyed to Philadelphia for the World Meeting of Families. The festival itself that evening was a great celebration of faith, family, and just being one world family with our spiritual father and experiencing his

love for us all.

He discarded his prepared speech and told of how a child once asked him, "Father, what did God do before creating the world?" The pope said that he found real difficulty in answering the question. But then he said, "Before creating the world, God loved, because God is love." He went on to say that God's love was so big, so overflowing that he could not be egoistic. It had to be poured out of him. And then God created the world, the marvelous world in which we live.

But then the Pope went on to say that "all of the love that God has in himself, all the beauty that he has in himself, he gives it to the family. And the family is really family when it is able to open its arms and receive all that love."

Let's think about this. God had so much love that he created the world, but then he created us, his family. So we are created as a family and we are born

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"All for the Glory of God"

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on a table near the baptismal font. These payment envelopes allow parishioners who give electronically (ACH) or without weekly envelopes another option to make pledge payments or one-time gifts. Many parishioners have also taken advantage of the ability to give online for their campaign pledge payments. The payments to this collection are deposited directly into the campaign account which is applied twice a month to the principal of the mortgage. Again, every payment made from envelopes, online giving and any fundraisers specifically for the debt reduction are payments over and above the amortized monthly payment of principal and interest.

It is not too late to make a pledge! The pledge cards are available at the information table in

the northwest corner of the gathering space as well as in the parish office. The pledge cards can be sealed in an envelope marked "capital campaign" and returned to the office via mail, handed to us in the office, or dropped in the collection basket. All campaign pledges are returned directly to me in confidence.

Thank you so much for making this campaign a wonderful success! Your generosity and support has made more than a dent in the debt of the parish. I look forward to the remaining months of the redemption period and measuring the debt as it is reduced! Please do not hesitate to call or email me to make a pledge or for assistance with the redemption of a pledge.

May God bless you all and the Church of Saint Henry!



Thoughts to Live By

Matthew 7:26

"But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand."

Viva el Papa!

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into a family. God's love is poured into the human family and it is through family that we understand God's love and live. I find this to be a moving thought – that God created us first and foremost as a family.

The Pope continued by saying that the family is not quite earthly paradise. We see very quickly in the bible how one brother, Cain, kills another, Abel. But it is up to us to decide which path we want to take forward. A husband and wife, Adam and Eve, also made a mistake, but God did not abandon them. Rather, out of great love, he began to walk with them and ultimately sent his Son to be born into a family. God created family out of great love and then became born into it! This family of Mary and Joseph had an open heart, the Pope continues, and "God likes to give his love to open hearts."

"Do you know what God loves the most?" the Pope asks. "To knock on the door of families, and find families who love each other, who bring up their children to grow, and help them move forward. To create and develop a society with truth, goodness and beauty.

"We are celebrating the Feast of the

Family. Families have a citizenship which is divine. The identity card that they have is given to them by God. So that within the heart of the family, truth, goodness and beauty can truly grow."

Of course there are difficulties and, as the Pope put it, "sometimes plates can fly." But he calls families "factories of hope" and "factories of resurrection" because God has opened up this path, this possibility. In the family, parents can be tired, with a baby crying all night, and the Pope said that he sees this with some of his helpers. There are difficulties, but these difficulties are overcome with love. "Only love is able to overcome. Love is about celebration, love is joy, love is moving forward."

I pray that we play our identity card. That we be families within God's one family, as family is meant to be, counting on great grace from God, the lover and creator, even in the midst of difficulties. Let us count on hope and count on resurrection, following God's path, believing that our best efforts to be what God created us to be will lead us back to Himself. Long live our Pope, our spiritual father, who brought us together as family!"



Reflections from the Garden Group

By Sharon Iano, Garden Group member

Have you ever walked through the gardens here at St Henry? Did you wonder, "Who does all this work?" "Where did the Stations of the Cross come from?"

Just recently I learned we received a generous gift of Stations of the Cross, that they were crafted in Germany and they are very old. Oh my, we are blessed. The chimes in the Mary Chime Garden are wonderful and so soothing – and they were stolen then replaced? A tool for meditation is the sound of babbling water, enjoy relaxing near the waterfall. Are you amazed at the beautiful fencing, butterfly table and chairs, benches, picnic tables and the espalier that graces the black iron fencing at the angel entrance? Each of our garden statues comes with a history; they are placed in spaces designed for prayer stops. I still have questions about the Labyrinth. And who walks the KC Rosary?

The butterflies and bees found the gardens – we planted milkweed, Joe Pye Weed, asclepias (butterfly weed) and many other blooming favorites. Their flight has added visual music to our grounds.

The Garden Group meets Wednesdays, April through October. We share chores and have grown close in friendship. Our group is famous for our potluck lunches. All are Welcome. Bring your questions, be prepared to hear about future plans, most of all pause and notice this sanctuary in nature, a garden of delight, a venue for prayer. Plus the photo opportunities are endless!

The Garden Group plants a vegetable garden each year. The deer and rabbits know all about it. We placed dog kennel fencing around the garden this year (a Craigslist find) – so far so good. To our surprise Jacob Komarek came forward to offer

his services in helping with a garden project for his Eagle Scout Rank. We asked if he could build A frames and obelisks for climbing/vining vegetables. He started seeds in early spring then at the proper time transferred the plants to the garden.

This season we realized we were in for a bit of a challenge with our new structures, we are now more prepared for next year's crops. When we harvest vegetables they are received by parishioners and the Food Shelf.

Jacob says the greatest experience of the project was the fact that he was building something that would be used to help those less fortunate than he. It really is a great feeling to know that you're changing the world for the better. Fellowship wise the troop really came together as a unit to help build the frames at a very impressive rate.

Congratulations Jacob; only 6% of those enrolled in Scouts earn this honor.

Our backyard treasure appreciates the support received from all those who contribute by donations, plant sales, and special offerings. A glorious thank you to the sterling talents and love of the Garden Group.

Meet Ken Stoick

We are pleased to introduce Ken Stoick, our new custodian. Ken started in July and, since he knows the parish quite well, there's been no down time.

Ken and his wife Bonnie have been members of our parish for over twenty years. Their daughters Amber and Kendra are in college and high school, respectively.

Over the years Ken has been very involved in the Saint Henry's Parish Community: usher, Eucharistic minister, cross bearer, and an active member of CRHP and the Knights of Columbus.

Ken previously worked at Holy Name Catholic Church in Wayzata. He says his goal is to help maintain a neat and clean church that he and all the members of our community can be proud of.

Stop and say hello; Ken is here most weekdays.



Thanks to Eagle Scout Jacob Komarek, who built A-frames and obelisks for climbing/vining vegetables.



Ken Stoick, helping us keep Saint Henry's clean and neat.



CCW Mission Sewing Group

The CCW Mission Sewing Group was born out of a vision from one of our long-time parishioners, Carrie Theisen. Her idea was to invite a group of ladies together to sit around knitting, crocheting and other handiwork, along with visiting, sharing laughter, and enjoying the company of friends. As the group began to form, it turns out it has been more of an assembly of ladies bringing their sewing machines, rather than knitting and crocheting. Some member are busy sorting through all the fabric and other materials donated to the group, while still others are cutting out clothing patterns to be sewn. There are also ladies who sew and hand tie baby quilts.

This group has been meeting for approximately four

years now. They meet at church the second and fourth Monday from 9:30 to 11:30 a.m. This runs from fall through spring, with summers off. Everyone is invited to come and share in this wonderful mission. There were 27 women initially, 15 remain active. At the end of each meeting they take time to pray a decade of the rosary together, offering it up for people who are ill or in need of prayer. It's a lovely time sharing our talents for sewing and friendship.

Together they have made and donated many items of clothing, blankets, quilts, sweaters, school bags, pajamas, underwear, wash cloths, caps, scarves, mittens to name a few. These beautifully hand sewn items have reached the lives of many in need. They have sent things to the

Duluth Diocese for the Mariners who come into the Duluth Harbor, generally in need of winter caps, scarves, and ear warmers. They have sent clothing to orphanages in Medjagorie and Mexico. They pack boxes of these items to send to the Appalachian Christmas Mission project. They have sent baby quilts and blankets to Sharing and Caring Hands in Minneapolis. The VA Hospital has received 10 Twin Quilts from this group. Boxes of have been shipped to a Guatemala Mission including underpants, dresses, shirts, short, blouses, baby blankets, dolls, and more. St. Mary's Mission in Red Lake has received gloves, scarves, and caps in the past. The Wellstead of Rogers received 8 lap robes knit and sewed by our



One of the many beautiful donated quilts.



A sample of the many items created by the Sewing Group

Mission Group. A prayer scarf was sent in to the Boston Marathon in March 2014.

As you can see out of a vision of caring, friendship and love, this group of ladies has generously donated their time and talent to serving those in need with their lovely handmade goods. May God continue to richly bless this group and those who receive these beautiful gifts.



The Sewing Group makes beautiful hand-sewn items.



Four of the 15 active Sewing Club members with one of their trusty sewing machines!

Holy Spirit Academy: A Whole New World of Education



By Becca Rumreich, a junior at Holy Spirit Academy

The other day I was walking out of the chapel after examen (the way we spend the last five minutes of our day together), and my headmaster Mr. Parks came up to me and asked if I was willing to write a paper for the St. Henry's bulletin. Though I was honored and pretty excited, I hesitantly agreed. At first, I had no idea what I would say, and how I would feel about so many people reading my work, but these past couple of days God has put me through the ringer, and exposed to me why I really love Holy Spirit Academy, and why I thank the Lord with all my heart for giving me such an environment.

This is when things get hard, choosing the few things out of millions I could say. To start, I should probably describe a little about

myself, and then move onto why Holy Spirit Academy is a great place.

I never liked school. Growing up I was that quiet kid who sits in the corner, and watched everyone else bloom. By my sophomore year of high school, I cried every night just thinking about going to school the next day. My parents did not know what to do. One day my dad was in daily mass at St. Henry's, and out of nowhere a group of high schoolers walked in wearing uniforms.

A few days later I shadowed at Holy Spirit Academy, and instantly I felt welcomed. (It helped that one of my fellow classmates wanted to keep me in her locker so that I could not leave.)

Within a week I was the twelfth student at HSA, and I was thrown into a whole new world of education. All the classes were so different from all the others I took (not to mention much harder). However, I never found myself panicking over the classes, well other than maybe Latin, but even then, I knew I was in the good hands of my teachers. At HSA, the teachers are always willing to help you no

matter what it is, if it is about school, college, or just everyday problems. And with a school of thirteen last year and twenty-four this year, there are plenty of interesting moments. It is one of those schools where everybody knows everyone. There is no point in hiding (or skipping; they will know

"... Holy Spirit is actually a family made up of many different families."

exactly who you are, and what you are doing.)

I have been in sports nearly all my life, and every time I joined a new team they would always say, "It is like a family". I, for one, never felt like any of my teams were like family. Yes, maybe we were all pretty good friends, but not a family. That being said, Holy Spirit is actually a family made up of many different families. We have inside jokes, we have fights, we have traditions,

we cry together in the hallway over everything from daily life to a bad grade on a test, but most importantly at the end of the day, no matter how good or bad it has been, we all come together to bow our heads and pray. I know that a lot of days I am going to help one of my siblings in Christ back up onto their feet when all they want to do is lay helplessly on the floor, but I also know that some days I will be the one on the ground crying in front of the lockers, and one of them will need to pull me to my feet (or pray with me over my car in hope that it will start).

Holy Spirit Academy is where I have learned and continue to learn so many things I never dreamt I would know, where I found my long lost voice, where every face I see is another part of me. Yes, Holy Spirit Academy is where I feel truly blessed by God.



Box City Fundraising, Awareness Event Held October 16-17

Last year, 43 of our parish's youth dedicated a night of their MEA weekend to sleep outside in cardboard boxes, to help raise awareness and create conversation on homelessness in Minnesota.

"I was excited, but nervous beforehand," said teen participant Grace. "This project really brought homelessness to my attention. We didn't just learn about homelessness, we actually lived it. It also brought Christ back. It reminded me that He cares and loves us, and He is always there."

St. Henry's Youth Ministry offers this opportunity annually, rain, sleet or shine, over MEA weekend.

"It's so inspiring to see our youth bond together as they prepare their Box Cities. In the beginning of the night, you can see their joy and excitement as they joke and laugh. We play a few games and have a bonfire with an outdoor movie. Then, you can see the teens really engage in a real personal deepening in prayer during Adoration late night in the chapel. After we warm up our hearts and in our prayer

in the chapel, we move outdoors to stay the remainder of the night in our personal boxes," shares Kym Alex, the Director of Youth Formation and Ministry.

Youth from 6th grade through high school are invited to take part in this 15 hour overnight lock-out of the parish to help raise funds for the local chapter of Great River Family Promise.

The fundraiser raised over \$1,800 last year; however, it also raises the personal call to action for the teens of the St. Henry's community. "I'm going to drag my family to a homeless shelter I have been meaning to go to, so we can start helping there," youth participant Grace stated after the experience. "One of my favorite parts is making the homeless care packages with the saint



Past youth participant David said, "I feel like I've made at least a small difference in someone's day to know that the funds we've raised will go to really helping those in need in our area."

cards and necessities for people in need," says youth participant David, "I feel like I've made at least a small difference in someone's day to know that the funds we've raised will go to really helping those in need in our area."

This year's Box City will take place on October 16th-17th. If you would like to have your youth attend, or if you would

like to be an adult presence for this event, please contact Kym Alex in the parish offices! If you feel called to provide a financial donation for this event, please submit your method of donation to the parish offices in an envelope stating "ATTN: Kym Alex, Box City donation."

The group's goal this year is to reach over \$4,000. Youth participant Myranda stated, "I would say this is a great learning experience and it teaches you to be more grateful for all that you have and it makes you want to help homeless people more. Isn't that what Jesus asks of us? 'whatever you did for the least of my people, you did for me.' It's from Matthew 25."



St. Henry's Youth Ministry will again be spending a night of their MEA weekend to sleep outside in cardboard boxes. The annual event helps raise awareness and create conversation on homelessness in Minnesota.

Scrip Ministry Offers “No-Brainer” Way of Fundraising

We want to encourage all to join a fun ministry here at St. Henry's! We have had three great years! Please, come give it a try!

So you may be thinking, “What is scrip and how/why should I get involved”? Scrip is a simple fundraising tool to help raise funds for youth programs. It's a great way to donate funds by doing your own shopping, with no extra money coming from you. It almost seems too good to be true, but it isn't, this definitely works! We just finished our third year and are happy to report a three-year profit of over \$25,300!

“But how is the profit made if I'm paying for what I'm purchasing?” We purchase gift cards at a reduced price (depending on the percentage the business donates). Yes, you get the amount you pay for!

Example #1: You spend approximately \$500 per month at Cub Foods. Purchase 5 - \$100 Cub cards, church receives a donation of \$20!! (Cub Foods donates 4% as does all local gas stations.)

Example #2: You enjoy eating out at Applebee's

and decide to purchase a \$50 gift card, church receives \$4 donation (Applebee's donates 8%)

Example #3: Your family is in need of clothing. By purchasing \$50 in Old Navy gift cards, church receives \$7 donation (Old Navy donates 14%).

There are hundreds of different businesses to choose from! We call this “The No-Brainer” way of fundraising and want all families to give it a try! To get started, pick one area of your family shopping needs, buy those cards from us with cash or check & go shopping (Boom, you just donated money to St. Henry's youth!)

Here are two different family scenarios that have used scrip:

Family #1: They need groceries and gas (they run a home daycare) and faithfully buying scrip for 3 years. They purchase \$300/weekly from the scrip table. They have spent \$39,300, DONATING \$1926.00!

Family #2: Uses scrip for gas, grocery, clothing, Target, Walmart, shoes, dinners out, gift cards as gifts, home store purchases, etc. They

have faithfully used scrip from the very beginning (it also helped as a budgeting tool as well!). They have spent \$51,200, DONATING \$3046.00!

All that is required by the wonderful parishioners of St. Henry's is a little forethought on your shopping needs for the week/month and a stop at the scrip table after mass in the gathering space. We LOVE to see new faces, and of course, all our “regulars” as well! I can't stress enough how easy this is and what a difference it is making here at St. Henry's.

So far, we have funded a youth ministry assistant the past three summers to help Kym Alex implement her creative ideas with the youth. We funded 2014-2015 Faith Formation

Family Faith Nights. This summer we purchased a much-needed Go-Pro (camera/video camera) and purchased lumber for an amazing obstacle course during Middle School Day Camp to teach the youth and leaders about suffering. We also have helped create a new updated FYSH BOWL (still a work in progress).

We are looking ahead to this next school year with some amazing plans “in the works.” We will update the bulletin as these happen.

We again want to thank all who have helped Scrip from the beginning and all that plan to come and get involved this year!

God Bless,

Amy Walz, Audrey Davis & the entire Scrip Team



The Scrip program funds Family Faith Nights, as well as a variety of other youth activity expenses at Saint Henry's.

Memories of Fall Festival



Kids' games remain popular at the Fall Festival.



B-I-N-G-O!



Family, food, and smiles!



Family, fun, fellowship - and smiles!



The local food shelf benefitted from donations made by festival participants.



Beer and Vikings on tap!



On the grounds drawings.



Chili contest judges.



Music all weekend!



Cake walk winner!



So many cakes, so many winners.